

The Institute of Allied Healthcare COVID Policy & Procedures

(Updated December 28, 2021)

The Center for Disease Control (CDC) has provided COVID-19 guidelines for vaccinated and unvaccinated individuals. With guidelines and recommendations updating frequently, The Institute of Allied Healthcare will update the COVID Policies and Procedures to reflect such guidelines. All individuals who are on campus are required to follow the COVID Policies and Procedures set forth by the Institute that are available at that time. Instructors, faculty, or staff may request testing or medical documentation at any time.

While you are on campus, we are providing the following to protect you and keep you safe:

- Daily sanitization and disinfection of all classroom, lab, and common areas around campus.
- Providing on site weekly testing for student, faculty, and staff convenience.
- Pre-screening of students who are attending in person
- Offering virtual attendance option for lecture portions of curriculum to individuals who are displaying symptoms, pending results for COVID testing, have underlying health conditions or are considered to be high risk (with appropriate medical documentation).

With your health and safety in mind, we may at any time temporarily alter the delivery method of the curriculum. The Institute will continue to offer the accelerated curriculum in its original format or as close to it to avoid delaying the student from the original program completion date.

Daily Pre-Screening

While you are attending on campus, your instructor, staff or faculty may ask you general questions or have you fill out a pre-screening form each day. You may be sent home if they feel that the symptoms you are exhibiting or the symptoms that you list on your pre-screening form put others at risk of illness. Your instructor, faculty, or staff may also request that you obtain an additional COVID test with a negative result prior to returning to campus.

COVID Testing

The Institute of Allied Healthcare has contracted a 3rd party to provide on site COVID testing to students. Date and time may be subject to change weekly. All students will be notified of such changes through the Orbund portal. If the 3rd party is not available to provide on site testing, all students, faculty, and staff will be required to obtain their own testing services and provide results by the assigned date for on campus attendance clearance.

Frequency of Testing

At this time and until further notice, weekly testing is required with results available by the assigned date as determined by The Institute of Allied Healthcare. The frequency of testing and the on-site availability for testing is subject to change at any time. Such services may also be discontinued when community cases are low.

On Site Testing

If you are absent or late on testing day you may not be allowed on campus until you can provide a negative test result. If you have previously been out because of a positive test result, you may be exempt from providing an additional test result dependent on your vaccination and booster status. If you do not wish to participate in the on site testing provided, you may seek testing services elsewhere. You are responsible for obtaining your own COVID test and results prior to the scheduled due date. You will also be required to provide your instructor, faculty or staff member with your negative test result or medical documentation if applicable by the scheduled due date. Only current tests and test results will be accepted. Failure to provide test results or proper medical documentation may prevent you from attending class or participating in class activities and will result in missed classroom attendance credit.

COVID Symptoms

If you have any flu like or COVID symptoms, we recommend that you stay home and seek medical attention. Instructors, faculty or staff may conduct a temperature check or ask screening questions at any time. You may be denied entrance if they suspect your health, the health of staff, and students is at risk. You may be asked to provide a negative COVID test before you are allowed back on campus. If you have recently tested negative for COVID and are displaying symptoms we may request an additional negative test or for you to obtain medical documentation.

Symptoms include but are not limited to

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. The CDC will continue to update this list as we learn more about COVID-19 and variants.

Mask Requirement

Because our curriculum requires in person attendance and participation and we are unable to mandate the vaccine, we are requiring all students wear a mask regardless of vaccine status while in class and in lab if they are unable to maintain a safe social distance. K-95 Masks are recommended but not required.

Vaccine

It is highly recommended that all students obtain the COVID-19 vaccine and booster. Proof of vaccine may be preferred by externship site. Failure to provide proof of vaccine may limit your externship opportunities. If your healthcare provider has deemed you exempt from the vaccine, we strongly encourage you to obtain a letter of immune status as soon as possible.

Isolation and Quarantine Period

As of December 27, 2021, the CDC has updated its guidelines for isolation and quarantine period.

Isolation

The recommended time for isolation for people with COVID-19 is 5 days, if asymptomatic. Therefore, people who test positive should isolate for 5 days and, if asymptomatic at that time, they may leave isolation if they can continue to mask while in class to minimize the risk of infecting others.

Quarantine

The CDC recommends quarantine if you have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been fully vaccinated (*see recommended quarantine period section below*). People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have symptoms. However, fully vaccinated people should get tested 5-7 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative. The Institute may request additional quarantine period, additional testing, or medical documentation prior to being allowed on campus.

To date, the recommended *quarantine* period for those exposed to COVID-19 by the CDC is as follows:

- For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for 5 days followed by strict mask use. Alternatively, if a 5-day quarantine is not feasible, it is imperative that an exposed person wear a well fitting mask at all times when around others while on campus.
- Individuals who have received their booster shot do not need to quarantine following an exposure but should wear a mask after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur,

individuals should immediately quarantine until a negative test or medical documentation confirms symptoms are not attributable to COVID-19.

What to do If You Test Positive or Have Been Exposed to Someone with COVID-19

If You Test Positive for COVID-19 (Isolate)- Regardless of vaccination status

- Notify your instructor(s) via email or preferred method of contact immediately.
- If you are feeling well, communicate with your instructor and inform them that you would like to attend virtual sessions if they are available per the lesson plan. If you are not feeling well, communicate with your instructor and inform them that you will not be attending virtually. You will need to update your instructor(s) daily before class start.
- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you are clear to return to class. You may be required to provide an additional negative COVID test dependent on vaccination and booster status.
- Continue to wear a mask around others for 5 additional days or as required by the Institute.
- If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you are fully vaccinated and:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days or as required by the Institute
- Test on day 5, if possible and inform your Instructor(s) of your test results once received.

If you develop symptoms get a test and stay home.

If you are fully vaccinated and do not have the booster or are unvaccinated:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days or as required by the Institute.
- If you can't quarantine you must wear a mask for 10 days or as required by the Institute.
- Test on day 5 if possible.

- If you develop symptoms get a test and stay home

Virtual Attendance and Attendance Credit

At this time and until further notice, the virtual attendance option will be available to students who are:

- Ill
- displaying symptoms
- pending a COVID test result
- have tested positive for COVID or any other transferable disease
- have underlying health conditions or are considered to be high risk (with appropriate medical documentation).

Attendance credit will be issued for actual time attended and while visible on screen. Virtual attendance or full attendance credit may not be issued if in class participation activities or lab time is scheduled. Students who do not receive full attendance credit may have a delayed start to externship and or revised completion date. Missed skills and or exams will be scheduled by instructor(s) as soon as possible or at a later date, this is at the sole discretion of the instructor(s). Depending on the total time and content missed, a separate academic plan may be issued toward the end of classroom hours. Each case will be reviewed on a case by case basis.